

Recommendations

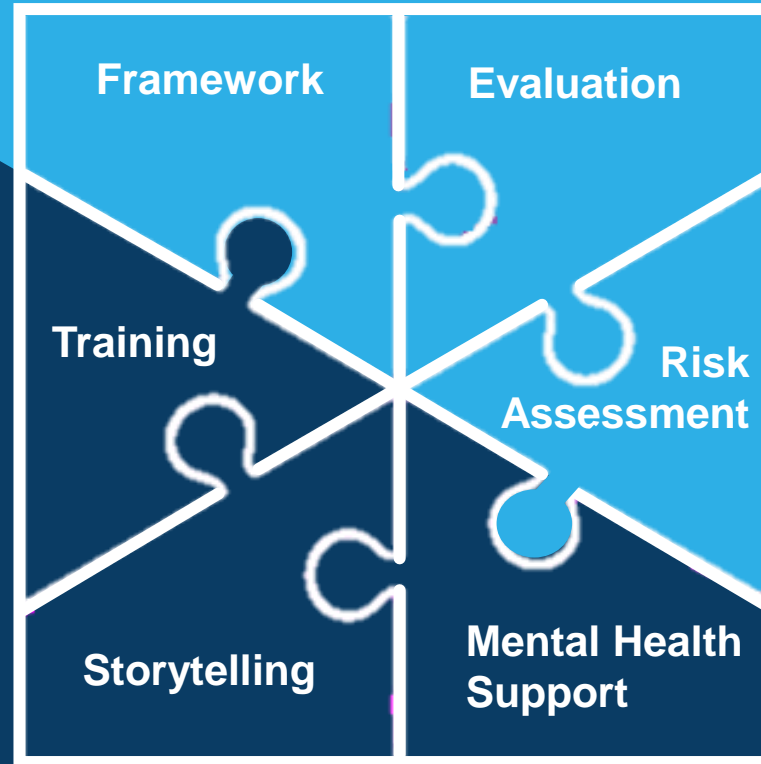
Colleague-to-colleague framework for having difficult conversations at work about alcohol.

Build & evaluate interventions

Evaluation of the impact

of interventions in terms of acquired vocabulary to talk about alcohol, willingness to have conversations, and understanding of support pathways.

Workplace risk assessment to identify higher risk environments and prioritise training interventions.



Difficult conversations training

to include guidance on talking about alcohol. There are general skills for having a difficult conversation that needs to be in place to support individuals being willing to talk.

Storytelling activities

to help create the narrative and vocabulary around alcohol and challenge what is accepted as normal.

Develop a supportive workplace culture

Mental health support

to include links to alcohol related support including access to others who have had a similar experience