

Table derived from Drinkaware. (2023). Alcohol use and harm among gender and sexual minorities¹.
[Dataset]. Drinkaware and YouGov.

		Sexuality					Sex at birth
		Unsure*	Asexual		Another way		Intersex
		N	N	%	N	%	N
A1. How often do you have a drink containing alcohol?							
	Unweighted base	14	116		56		13
	Base	14	160		76		
	Net: Weekly or more often	2	50	31%	26	34%	7
	Net: Once a month or less	6	45	28%	22	29%	2
	Net: At least yearly	10	104	65%	52	69%	10
	Never	3	45	28%	22	29%	2
Q6B_rb. How many units of alcohol do you drink on a typical day when drinking? Please use the above guidance to complete your answer. (Rebase)							
	Unweighted base	14	116		56		11
	Base	14	160		76		
	Net: Up to 6	11	101	63%	48	63%	10
	Net: 7 or more	-	14	9%	6	8%	-
Q6C. How often have you had 6/8 or more units on a single occasion in the last year? Again, please use the above guidance to complete your answer.							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Never	5	47	41%	28	41%	2
	Less than monthly	4	40	35%	17	32%	5
	Monthly	2	13	12%	4	7%	3
	Weekly	-	9	7%	3	6%	-
	Daily or almost daily	-	6	5%	2	3%	-

		Sexuality					Sex at birth
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		N	N	%	N	%	N
A3_SUM_gen. Weekly units score							
	Unweighted base	11	80		39		11
	Base: All drinkers	11	115		54		
	NET: Low risk (0-14)	10	95	82%	47	87%	7
	NET: Medium/high risk (15 or more)	1	20	18%	7	13%	4
Because of SOMEONE ELSE'S drinking, how often in the last 12 months have you...							
	Unweighted base	14	116		56		13
	Base: All	14	160		76		
CO_3_1. Had a serious argument that did not include physical violence	Net: ever	1	20	13%	9	12%	8
CO_3_2. Felt physically threatened	Net: ever	2	19	12%	10	14%	8
CO_3_3. Been emotionally hurt or neglected	Net: ever	1	39	24%	12	16%	7
CO_3_4. Been physically hurt due to them assaulting me or acting violently	Net: ever	1	9	6%	4	5%	4
CO_3_5. Been physically hurt due to them accidentally injuring me (e.g. by falling on me)	Net: ever	-	8	5%	3	4%	5
CO_3_6. Been put at risk in a car when someone was driving after drinking	Net: ever	2	6	4%	4	5%	5
CO_3_7. Felt forced or pressured into sex or something sexual	Net: ever	1	17	11%	3	4%	5
CO_3_8. Felt uncomfortable or anxious at a social occasion (e.g. a party)	Net: ever	3	52	33%	26	34%	7
CO_3_9. Had someone break or damage something that mattered to me	Net: ever	2	17	10%	8	11%	5
CO_3_10. Had money that would have improved the quality of my life spent on their alcohol-related purchases	Net: ever	-	11	7%	4	5%	5

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CO_3_11. Felt genuinely concerned that they may cause harm to my children or someone else's children	Net: ever	1	14	8%	5	7%	6
CO_3_12. Had to spend my personal time caring for a person with a long-term health condition or disability that resulted from their current or previous drinking	Net: ever	1	8	5%	1	2%	4
CO_3_13. Been let down by someone due to them failing to do something that I was counting on them to do because of their drinking	Net: ever	2	33	21%	9	12%	7
CO_3_14. Been kept awake due to noise or disruption	Net: ever	3	60	38%	21	28%	7
CO_3_15. Drank alcohol myself in order to cope with the problems caused by their drinking	Net: ever	1	13	8%	3	4%	7
CO_3_16. Had to stop seeing or being in contact with someone because of their drinking	Net: ever	1	18	11%	7	10%	3
CO_3_17. Had to move out of my usual place of residence and stay somewhere else	Net: ever	1	10	6%	3	4%	5
CO_3_18. Had contact with the police	Net: ever	1	12	7%	6	8%	6
AUDITC_1. How often do you have a drink containing alcohol?							
	Unweighted base	14	116		56		13
	Base	14	160		76		
	Never	3	45	28%	22	29%	2
	Monthly or less	6	45	28%	22	29%	2
	2 - 4 times per month	4	25	16%	13	18%	3
	2 - 3 times per week	-	27	17%	10	14%	5
	4+ times per week	1	18	11%	8	11%	1

		Sexuality					Sex at birth
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		N	N	%	N	%	N
AUDITC_2. How many units of alcohol do you drink on a typical day when you are drinking?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	1-2	4	55	48%	28	53%	4
	3-4	5	33	29%	9	16%	2
	5-6	2	12	11%	11	20%	4
	7-9	-	9	8%	4	7%	-
	10+	-	5	5%	2	5%	-
AUDITC_3. How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Never	5	47	41%	28	51%	2
	Less than monthly	4	40	35%	17	32%	5
	Monthly	2	13	12%	4	7%	3
	Weekly	-	9	7%	3	6%	-
	Daily or almost daily	-	6	5%	2	3%	-
T1. How often during the last year have you found that you were not able to stop drinking once you had started?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Never	6	85	74%	45	84%	6
	Less than monthly	3	14	12%	2	3%	1
	Monthly	1	4	4%	2	3%	2
	Weekly	1	6	5%	3	6%	-
	Daily or almost daily	-	6	5%	2	3%	2

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		N	N	%	N	%	N
T2. How often during the last year have you failed to do what was normally expected from you because of your drinking?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Never	10	88	77%	51	94%	6
	Less than monthly	-	16	14%	2	3%	1
	Monthly	-	3	3%	-	-	1
	Weekly	1	3	3%	-	-	1
	Daily or almost daily	-	4	4%	1	3%	2
T3. How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Never	10	99	86%	50	93%	4
	Less than monthly	-	8	7%	2	4%	3
	Monthly	-	1	1%	-	-	-
	Weekly	1	3	3%	-	-	1
	Daily or almost daily	-	4	3%	1	3%	3
T4. How often during the last year have you had a feeling of guilt or remorse after drinking?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Never	8	73	63%	40	75%	3
	Less than monthly	2	24	21%	7	13%	1
	Monthly	-	9	8%	4	7%	2
	Weekly	1	4	3%	1	3%	1
	Daily or almost daily	-	5	4%	1	2%	3

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		Unsure*	Asexual		Another way		Intersex
		N	N	%	N	%	N
T5. How often during the last year have you been unable to remember what happened the night before because you had been drinking?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Never	8	82	72%	43	81%	6
	Less than monthly	2	17	15%	8	14%	1
	Monthly	-	5	4%	-	-	1
	Weekly	1	-	-	3	5%	1
	Daily or almost daily	-	10	9%	-	-	2
T6. Have you or somebody else been injured as a result of your drinking?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	No	7	88	77%	46	86%	5
	Yes, but not in the last year	4	19	16%	8	14%	3
	Yes, during the last year	-	8	7%	-	-	2
T7. Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	No	5	91	79%	43	80%	5
	Yes, but not in the last year	4	14	12%	9	17%	4
	Yes, during the last year	2	10	3%	1	3%	2

		Sexuality					Sex at birth
		Unsure*	Asexual		Another way		Intersex
		N	N	%	N	%	N
AUDITC_score_cat_rb. AUDIT-C score							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Under 5 (drinkers)	9	74	64%	35	66%	5
	Increasing risk (5-7)	2	31	27%	13	24%	6
	High risk (8-12)	-	10	9%	5	10%	-
	Possible dependence (11-12)	-	3	2%	2	3%	-
	Increasing or higher risk	2	41	36%	18	34%	6
Audit_score_x_cat. Audit score							
	Unweighted base	11	80		39		11
	Base	11	115		54		
	Low risk (0 to 7)	7	74	65%	40	74%	4
	Increasing risk (8 to 15)	3	25	22%	11	20%	2
	Higher risk (16 to 19)	-	5	4%	1	1%	-
	Possible dependence (20+)	1	11	10%	3	5%	4

* The n= ≤ 50 so percentages have not been included.

The discrepancy between the gender and sexual minority (GSM) and cisgender-heterosexual samples was too large to compare to the small (N) of the *Unsure*, *Asexual*, *Another way* and *Intersex* groups.